



STRETCHY PANTS



Artist: Carrie Underwood

Level: Intermediate Plus

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Album: Stretchy Pants - Single

Available for download on iTunes

Choreo: Andy Howard (Americanracket@gmail.com) & Darolyn Pchajek (Darolyn@daretoclog.com)

Wait 16 beats

PART A

Clamato (turn $\frac{1}{4}$ right)

2 Unclogs

Crow Walk (turn $\frac{1}{4}$ left to front)

Repeat all steps with opposite footwork and turning opposite directions

PART B

Tantrum (to left corner)

2 Sway Basics

Walk the Dog

Repeat all steps with opposite footwork and to right corner

CHORUS

2 Jonas Steps

MJ Rocker

Long Snake in the Grass

2 Jonas Steps

PART A

Clamato (turn $\frac{1}{4}$ right)

2 Unclogs

Crow Walk (turn $\frac{1}{4}$ left to front)

Repeat all steps with opposite footwork and turning opposite directions

PART B

Tantrum (to left corner)

2 Sway Basics

Walk the Dog

Repeat all steps with opposite footwork and to right corner

CHORUS

2 Jonas Steps

MJ Rocker

Long Snake in the Grass

2 Jonas Steps

PART C

Swing Basic (move forward)

Hockey Turn (backing up & turn $\frac{1}{2}$ right)

Repeat both steps to front

CHORUS*

2 Jonas Steps

MJ Rocker (turn $\frac{1}{4}$ left)

Long Snake in the Grass (turn $\frac{1}{4}$ left)

Repeat last 2 steps to front

4 Jonas Steps (turn $\frac{1}{4}$ left each)

ENDING

Swing Basic (move forward)

Hockey Turn (backing up & turn $\frac{1}{2}$ right)

Touch (Lxf), and head looks right & front, with hands on hips



STEPS TO "STRETCHY PANTS"

Clamato

DS Slur-Step(xb) DS DS(xf) Step(xb) Step(os) RS Brush-up (turn $\frac{1}{4}$)
 L R R L R L R LR L
 &1 & 2 &3 &4 5 6 &7 & 8

2 Unclogs

Stamp Stomp Skuff-up Stamp Stomp Skuff-up
 L L R R R L

Crow Walk

DS Heel Heel RS Brush-up
 L R L RL R

Tantrum

DS Skuff-up Stamp Stomp Tap(b)-Step Stamp Stomp Tap(b)-Step Kick(xf) Kick(os)
 L R R R L L R R L L R R
 &1 & & 3 & 4 & 5 & 6 7 8

2 Sway Basics

DS(xb) RS(os) DS(xb) RS(os)
 R LR L RL

Walk the Dog

DS DS Heel Heel RS
 R L R L RL

Jonas Step

(aka Turkey Plus Rock Brush Basic)

Pause Heel Snap Ball Ball Heel Snap Step RS Brush-up DS RS
 L L R L R R L RL R R LR
 & 1 & 2 & 3 & 4 &5 & 6 &7 &8

MJ Rocker

DS DS(xb) Rock(os) Stomp Slur-Step(xb) RS(os) RS(os) DS RS
 L R L R L L RL RL R LR

Long Snake in the Grass

DS Heel Twist(w) Step RS Heel Twist(w) Step RS Heel Twist(w) Step DS RS
 L R L RL R L RL R L R LR

Swing Basic

DS RS Drag Step RS Drag Step RS DS RS (moving forward)
 L RL L R LR R L RL R LR

Hockey Turn

Pause Step Slur (around/back) Step Step Step Slur (around/back) Step Step Step
 L R R L R L L R L R L
 & 1 & 2 & 3 & 4 & 5
Slur (turn $\frac{1}{2}$ right) Step RS Brush-up
 R R LR L
 & 6 &7 & 8